



# ACTION FOR ULNES WALTON

## WILD WORKSHOPS!

As part of the Ulnes Walton Bee and Wildflower Project a series of workshops have been arranged to take place over the summer months. All workshops will start at the Old School on Ulnes Walton Lane, Ulnes Walton.

Places are strictly limited but are open to all on a first come basis by completion of a booking form and payment of the non refundable deposit of £2 per workshop. You can book places on as many workshops as you like but you must book in advance.

### **WORKSHOP NUMBER 1**

**Saturday 25 June 2005 1 pm to 4 pm**

### **MEDICINAL USES OF WILDFLOWERS AND PLANTS**

This workshop will be led by local expert Lynne Rawlinson and will cover –

- overview of the general uses
- tasting of herbal teas
- short field trip to examine some of the local plants (weather permitting)
- tips on how to make your own remedies

### **WORKSHOP NUMBER 2**

**Saturday 23rd July 2005 1 pm to 4 pm**

### **WILDFLOWER IDENTIFICATION**

As an aid to identification and for diversity of interest the afternoon, led by Chris Whitehead a local ecology expert, will be structured as follows –

- visit to two or three local habitats and their typical species (outdoors if possible)
- study of associated invertebrate
- adaptations of wild flowers for survival

### **WORKSHOP NUMBER 3**

**Saturday 6 August 2005 1 pm to 4 pm**

### **PHOTOGRAPHING FLOWERS**

Spend the afternoon with top professional wildlife photographer Jason Smalley and learn the art of taking quality photographs, the workshop will cover

- an overview of taking photographs
- trip out into the local field to take some shots
- processing and presentation

**YOU MUST BRING YOUR OWN CAMERA - DIGITAL PREFERRED BUT CONVENTIONAL CAN BE ACCOMMODATED**

**WORKSHOP NUMBER 4**  
**Saturday 10th September 2005 1 pm to 4 pm**  
**WILDFLOWER/WILDLIFE GARDENING**

Led again by Chris Whitehead the workshop will describe how to use wildflowers to attract invertebrates and other life onto your doorstep and will include –

- five principles of wildflower/wildlife gardening
- design, size, pattern, seasons
- pest control
- composting

**TO RESERVE YOUR PLACE ON ANY OF THE WORKSHOPS PLEASE COMPLETE AND RETURN THE SLIP BELOW**

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I would like to book the following place/s on the Wild Workshops and enclose a non refundable deposit of £2 per workshop as a contribution towards the cost (cheques to be made payable to Action for Ulnes Walton)

PLEASE TICK BOX

**WORKSHOP NUMBER 1**  
**MEDICINAL USES OF WILDFLOWERS AND PLANTS**

**WORKSHOP NUMBER 2**  
**WILDFLOWER IDENTIFICATION**

**WORKSHOP NUMBER 3**  
**PHOTOGRAPHING FLOWERS**

**WORKSHOP NUMBER 4**  
**WILDFLOWER/WILDLIFE GARDENING**

Name .....

Address .....

Tel .....

PLEASE RETURN TO JANET ROYLE, HOLMECROFT, ULNES WALTON LANE,  
ULNES WALTON NR LEYLAND PR26 8LU Tel 01772 435600

If you require any further details please contact Lynne Rowett on 01772 435516